

Title:

What Factors are Associated with Quitting Smoking during Alcoholism Treatment? Findings from Project Match.

Author(s):

Friend, K. B., & Pagano, M.E.

Summary:

Most individuals with alcohol use disorders are dependent on both alcohol and nicotine, and the combined use of both substances is more damaging to health than the use of either alone. Data were garnered from Project MATCH. Results showed that higher levels of self-efficacy and motivation were significantly associated with quitting smoking, whereas percent of days abstinent and drinks per drinking day were not. Clinical implications are discussed.

Citation:

Friend, K. B., & Pagano, M.E. (2006). What factors are associated with quitting smoking during alcoholism treatment? Alcoholism: Clinical and Experimental Research, 30, (6, S), 611. (Abstract).