

Timeline Follow Back

Substance use consumption and drinking patterns were assessed using the rater-administered Timeline Follow Back assessment (Sobell & Sobell, 1992), which provides a detailed description of a client's substance abuse consumption. The TLFB demonstrates good psychometric properties with substance dependent adults and adolescents (Donohue et al., 2004; Sobell et al., 1992). Youth reports of alcohol and drug consumption have been shown to be more accurate than parent report of youth substance use (Fisher et al., 2006).

Donohue, B., Azrin, N. H., Strada, M. J., Silver, N. C., Teichner, G., Murphy, H. et al. (2004). Psychometric evaluation of self- and collateral timeline follow-back reports of drug and alcohol use in a sample of drug-abusing and conduct disordered adolescents and their parents. *Psychology of Addictive Behaviors, 18*, 184-189.

Fisher, S. L., Bucholz, K. K., Reich, W., Fox, L., Kuperman, S., Kramer, J., Hesselbrock, V., Dick, D. M., Nurnberger, J. I., Edenberg, H. J., Beirut, L. J., et al. (2006). Teenagers are right-parents do not know much: An analysis of adolescent-parent agreement on reports of adolescent substance use, abuse, and dependence. *Alcoholism: Clinical and Experimental Research, 30*, 1699-1710.

Sobell, L. C., & Sobell, M. B. (1992). Timeline followback: A technique for assessing self-reported alcohol consumption. In Litten, R.Z., Allen, J. (Ed.s), *Measuring Alcohol Consumption: Psychosocial and Biological Methods*. (pp. 41-72). New Jersey: Humana Press.

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